

For Immediate Release
Calgary, Alberta

Wednesday, November 19, 2008
TSXV Trading Symbols: SAA.A and SAA.B
24,818,937 Class A Shares
1,022,000 Class B Shares

SOLARA EXPLORATION ANNOUNCES INCREASED PRODUCTION FROM RECENT OPERATING ACTIVITIES

CALGARY, ALBERTA – November 19, 2008. Solara Exploration Ltd. (“Solara” or the “Company”) is pleased to announce that the Company has completed a gas well in the Provost area of eastern Alberta with initial test rates of approximately 2 million cubic feet of natural gas per day (330 BOE/d) based on a 48 hour flow test. The Company operates the well with a 60% working interest and is currently tying the well in for production. The well will be produced at lower rates of natural gas due to gathering system and gas plant capacity constraints with initial rates of production for the well forecast at 300 to 400 Mcf/d (40 to 60 BOE/d) commencing in December, 2008.

The Company also reports that recent operations involving the tie-in of two operated wells in the Youngstown area of southeastern Alberta have added 45 BOE/d of oil and gas production. Solara has recently drilled and cased two potential oil wells on its operated project at Sounding Lake in eastern Alberta. The wells are currently being completed and evaluated for production and the results of these activities will be reported once they are available.

About Solara Exploration

Solara Exploration is a publicly traded junior oil and gas company focused on the exploration, development and acquisition of oil and natural gas in western Canada.

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BOEs may be misleading, particularly if used in isolation. A BOE conversion ratio of 6 Mcf: 1 BOE is based on an energy equivalency conversion method primarily applicable at the burner tip and does not represent a value equivalency at the wellhead.